

CVB ALZV 2026: Session: 1: Startlist per athlete for TEAM: LAQUA

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vanmeerbeek Rob HEADCOACH

Coaches: Lissens Jeroen

Coaches: Mous Anke

PB => Personal Best time

Athlete: ANTIPINA ALEXANDRA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	10	3	01:17.06	01:19.45	15:16 00:55
200M FREESTYLE WOMEN 11+	8	6	3	02:32.27	02:36.54	16:11 00:40
50M FREESTYLE WOMEN 11+	11	8	3	00:33.22	00:32.13	16:51

Athlete: ARUSTAMYAN ARTHUR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	5	1	00:39.82	00:43.35	15:26 01:04
200M FREESTYLE MEN 11+	9	4	1	03:22.29	no time	16:30 00:34
100M BACKSTROKE MEN 11+	12	4	3	01:41.62	01:36.59	17:04

Athlete: BOBEVA DARA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	6	3	01:28.37	01:31.16	15:07 00:58
200M FREESTYLE WOMEN 11+	8	4	2	02:52.08	02:54.52	16:05 00:43
50M FREESTYLE WOMEN 11+	11	5	2	00:35.29	00:35.72	16:48

Athlete: BURSSSENS EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	11	1	01:15.37	01:19.88	15:19 00:55
200M FREESTYLE WOMEN 11+	8	7	3	02:24.76	02:27.83	16:14 01:06
100M BUTTERFLY WOMEN 11+	13	3	4	01:26.11	01:26.98	17:20

Athlete: CREEMERS LIEZE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	3	2	01:44.84	01:43.18	14:59 00:58
200M FREESTYLE WOMEN 11+	8	2	4	03:22.39	no time	15:57 00:46
50M FREESTYLE WOMEN 11+	11	1	2	00:48.95	00:45.29	16:43

Athlete: DE RYCK HANNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	5	3	01:34.92	01:33.17	15:04 00:57
200M FREESTYLE WOMEN 11+	8	3	3	02:57.72	02:58.54	16:01

CVB ALZV 2026: Session: 1: Startlist per athlete for TEAM: LAQUA

00:46

50M FREESTYLE WOMEN 11+	11	4	5	00:38.35	00:37.69	16:47
-------------------------	----	---	---	----------	----------	-------

Athlete: DE VOCHT FLORE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY WOMEN 11+	2	1	1	no time	no time	14:04 02:45
50M FREESTYLE WOMEN 11+	11	6	4	no time	00:33.92	16:49

Athlete: DUDLEY JOHN ANDREW

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	8	5	00:32.16	no time	15:29 01:05
200M FREESTYLE MEN 11+	9	5	5	02:55.14	no time	16:34 00:32
100M BACKSTROKE MEN 11+	12	5	5	01:31.94	01:33.09	17:06

Athlete: FIVAZ ALEXI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MIXED 10-9	1	3	2	no time	no time	14:02 01:31
200M BACKSTROKE MIXED 10-9	7	1	5	no time	no time	15:33

Athlete: GADEYNE OLIVIA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	9	1	01:22.56	01:21.53	15:14 01:00
200M FREESTYLE WOMEN 11+	8	7	1	02:31.44	02:40.74	16:14 01:04
100M BUTTERFLY WOMEN 11+	13	2	3	01:40.46	01:44.09	17:18

Athlete: GINKELS ROBBE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY MEN 11+	3	5	5	01:12.21	01:11.35	14:26 01:04
50M FREESTYLE MEN 11+	6	9	2	00:30.18	00:30.96	15:30 01:41
100M BACKSTROKE MEN 11+	12	7	4	01:16.62	01:14.79	17:11

Athlete: KERREMANS SEM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	2	4	no time	no time	15:22 01:42
100M BACKSTROKE MEN 11+	12	4	4	01:37.17	no time	17:04

Athlete: LI YIYANG

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MIXED 10-9	1	3	3	00:42.94	no time	14:02 01:31
200M BACKSTROKE MIXED 10-9	7	1	3	no time	no time	15:33

Athlete: MEYFROODT FELIX

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 11+	9	2	3	no time	no time	16:22

CVB ALZV 2026: Session: 1: Startlist per athlete for TEAM: LAQUA

00:36

100M BACKSTROKE MEN 11+	12	2	5	no time	no time	16:58
-------------------------	----	---	---	---------	---------	-------

Athlete: RATIU THOMAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	8	3	00:30.65	00:30.91	15:29 01:42
100M BACKSTROKE MEN 11+	12	7	3	01:14.31	01:15.24	17:11

Athlete: SCHAMP MILANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MIXED 10-9	1	2	4	no time	no time	14:01 01:39
200M BACKSTROKE MIXED 10-9	7	3	5	no time	no time	15:40

Athlete: SIGSWORTH KAYA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	1	4	no time	no time	15:21 01:09
200M FREESTYLE MEN 11+	9	4	4	03:01.62	no time	16:30 00:36
100M BACKSTROKE MEN 11+	12	5	2	01:32.53	01:37.57	17:06

Athlete: SOARES ALMEIDA ANNA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	8	1	01:23.73	01:24.68	15:12 00:59
200M FREESTYLE WOMEN 11+	8	6	5	02:35.25	02:39.91	16:11 00:38
50M FREESTYLE WOMEN 11+	11	6	3	00:33.80	00:33.90	16:49

Athlete: SPAAS MILOU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	6	2	5	no time	no time	15:22 01:33
100M BACKSTROKE MEN 11+	12	1	4	no time	no time	16:55

Athlete: SPADEA SAMUELE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 11+	9	2	4	no time	no time	16:22 00:42
100M BACKSTROKE MEN 11+	12	4	2	01:37.17	no time	17:04

Athlete: VAN DE WINKEL MAUD

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	2	5	no time	no time	14:56 01:01
200M FREESTYLE WOMEN 11+	8	2	5	03:23.28	no time	15:57 00:48
50M FREESTYLE WOMEN 11+	11	2	5	00:43.31	no time	16:45

Athlete: VAN HOUDT SEOANE LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 11+	5	6	2	01:34.74	01:29.34	15:07

CVB ALZV 2026: Session: 1: Startlist per athlete for TEAM: LAQUA 00:58

200M FREESTYLE WOMEN 11+	8	4	4	02:50.23	no time	16:05	00:42
50M FREESTYLE WOMEN 11+	11	4	1	00:38.51	no time	16:47	

Athlete: VANDENSANDE CLARA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BACKSTROKE WOMEN 11+	5	4	1	01:50.70	01:41.54	15:01	00:52
200M FREESTYLE WOMEN 11+	8	1	3	03:32.44	no time	15:53	00:52
50M FREESTYLE WOMEN 11+	11	2	4	00:41.13	no time	16:45	

Athlete: VANDENSANDE LUCÍA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BACKSTROKE WOMEN 11+	5	5	1	01:44.90	01:38.41	15:04	00:53
200M FREESTYLE WOMEN 11+	8	2	1	03:25.65	no time	15:57	00:49
50M FREESTYLE WOMEN 11+	11	3	2	00:39.27	no time	16:46	

Athlete: VANHEULE LéA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
200M FREESTYLE WOMEN 11+	8	5	3	02:35.98	02:39.65	16:08	00:42
50M FREESTYLE WOMEN 11+	11	7	3	00:36.92	00:33.16	16:50	00:30
100M BUTTERFLY WOMEN 11+	13	3	2	01:26.22	01:28.65	17:20	

Athlete: VERMEULEN LOUISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BACKSTROKE WOMEN 11+	5	2	3	01:45.26	01:51.19	14:56	01:01
200M FREESTYLE WOMEN 11+	8	2	3	03:20.43	no time	15:57	00:46
50M FREESTYLE WOMEN 11+	11	1	3	00:43.73	no time	16:43	